

HAZEL WOOD INFANT SCHOOL

WHOLE SCHOOL FOOD POLICY

At Hazel Wood Infant School we are committed to offering all children equal access to all aspects of the curriculum regardless of gender, race, religion or ability.

Because children at our school have allergies to nuts the school will not allow anything containing nuts or nut products on the premises at any time.

Aims

At Hazel Wood we believe that all aspects of food and nutrition in school promote health and well being of staff, pupils, and visitors to the school. The pupils will have a voice over aspects of nutrition through the curriculum and class councils where applicable.

National Guidance

This policy was written using a range of documents, including the 'Food In Schools' Toolkit.

Application

This policy covers the areas of:

- Break-time snacks, including those brought from home
- Water
- School lunches, including packed lunches
- Curriculum
- After school clubs and events

Our procedures apply to all staff, pupils, parents, governors and partner agencies working within the school.

Break-time Snacks

Fruit and vegetables provided through the government scheme will be available for all pupils.

Milk will be available for pupils who request it, in accordance with the school milk scheme.

Any snacks brought from home will be restricted to fruit or vegetables unless recommended by a doctor on medical grounds, (eg dietary need, diabetes etc.)

Water

Clean drinking water will be available for all pupils throughout the day and pupils will be encouraged to drink water at frequent intervals. Pupils are encouraged to bring a water bottle every day that they can refill as necessary. Bottles go home at the end of every day to be washed and returned.

No drinks other than water will be brought into school by pupils unless recommended by a doctor for medical needs.

School Lunches Including Packed Lunches

At Hazel Wood, all school meals will be prepared following the government nutritional guidelines. We will provide free school meals to those who are entitled to them.

Staff will work with children to provide a safe, attractive and appropriate dining area. Facilities will be provided for pupils bringing packed lunches to school and drinking water is available for those pupils.

We work with parents to support them in choosing healthy options when making packed lunches.

Curriculum

Healthy Eating will be addressed in areas of the curriculum, e.g. PSHE, DT, Science, Humanities. Through various topics, pupils will have the opportunity to cook and eat different foods and staff aim to promote healthy choices and multi-cultural options where possible.

Cookery Club

The food that is prepared and eaten as part of cookery club will be chosen in discussion with the pupils that attend. Consideration will always be given to providing a multi-cultural element to the food and healthy options will be explored and promoted.

After School Clubs and Events

The food and drink provided at after school clubs and events will be in line with the Whole School Food Policy. Some exceptions will take place, e.g. school fayres, discos, where the well-being and fun element of the occasion will override the healthy option, although any biscuits or sweets provided will be restricted to one or two per pupil.

Similarly, occasionally the adults in school will have occasion for celebration and these may involve the consuming of unhealthy options, e.g. cakes! These will only be eaten in moderation and not in the presence of the children. Healthy option snacks will be available at break-times for members of staff and their visitors.

Staff Support and Training

All staff and governors will be informed and kept up to date with any changes in policy, any new information, initiatives or procedures involved in food hygiene, health and safety and nutrition as the need arises throughout the year.

Assessment, Monitoring, Evaluation and Review

Assessment of the curriculum will take place by class teachers and coordinators. Monitoring, evaluation and review of this policy and its contents, and its workability will be the responsibility of the Headteacher, Senior Management Team and the PSHE co-ordinator.

Agreed by Governors, Curriculum, 25 January 2012

To be reviewed: January 2013