



**Parent Support Advisor**

**Parent Support Adviser – Louise Evans  
Half Term Information:**

**If you are in need of advice and guidance regarding parenting issues, please contact me on 07590 443614.**

**I will be available during the half term on Wednesday 17<sup>th</sup> February and Thursday 18<sup>th</sup> February.**

If you are a parent of **adopted children**, I am starting a support group for parents that will be meeting monthly on the first Monday of each month, starting Monday 1<sup>st</sup> March 10am – 11.30am at Testwood Baptist Church. This will provide parents with an opportunity to get together and share their issues and talk to other parents who have been through the adoption process. Please contact me for further information.

**ASPIRE** will be running during the half term from 1.30pm – 3.00pm on Wednesday 17<sup>th</sup> February at Testwood Baptist Church for parents of children with additional needs. Bring the children along and we will be making pancakes! If you need more information, please contact me.

I am available to support parents of the following schools:

- **Abbotswood Junior School**
- **Calmore Infant School**
- **Calmore Junior School**
- **Hazel Wood Infant School**
- **Lydlynch Infant School**
- **Oakfield Primary School**
- **Testwood Sports College**

Each term I run Triple P programmes (Positive Parenting Programme) that provide strategies for managing misbehaviour and developing positive relationships with your child. I will be running groups for children 4 years to 10 years old and a Triple P Teen Programme for parents of teenagers. Please contact me for further information.

I am able to meet parents at their local school, I can make home visits and also meet parents at the CATCH Office in Rumbridge Street, Totton.

Have a good half term break.

Louise Evans: **07590 443614**

